

INTRODUCTION

There are many procedures out there to lose weight. Some of them are very risky; others too painful and others require big sacrifices such as starving, going through harsh and dangerous diets or extenuating exercise routines.

However, nowadays we have developed age-old therapies and methods that have proven effects and which do not alter or have side effects on the body, such as this spectacular earring and ring kit, which were designed to help you drop those extra pounds and stabilize your metabolism.

These unique and spectacular jewels have been designed applying concepts from the ancient sciences of acupuncture and magnetotherapy. With the new breakthroughs in science, their therapeutic and medicinal effects are proven more and more every time. The energy emitted by these jewels does not only stimulate the glandular system to fight adiposity, but it also helps the organism eliminate toxins. This helps the skin improve its appearance by vanishing cellulite, toning and strengthening the muscles. It also regulates your metabolism, which is a fundamental factor to avoid regaining weight.

In order to understand how this spectacular ring works, we must analyze such therapeutic sciences as magnetotherapy and acupuncture on the fingers.

This manual will briefly show the benefits of three fundamental and natural therapies within your reach, as long as you want to balance metabolic disorders, which cause eating anxiety and obesity.

These three therapies are currently known as Auriculotherapy, Acupuncture and Magnetotherapy, which complement each other, making this a natural and effective way to lose weight. It controls eating disorders and conditions the body to inhibit excessive appetite and anxiety.

So welcome to the age of natural weight-loss, with no diets, no exercise and no drugs.

Chapter 1 AURICULOTHERAPY

What is auriculotherapy?

Also known as auriculopuncture or auriculomedicine, it is considered as an alternative from the wide range of Traditional Chinese Medicine practices. It consists basically of stimulating "key" points located on the ear, thus naturally leveling disorders in the body, which derive from diseases, mood, poor diet or hormones.

How can Auriculotherapy help?

Auriculotherapy is catalogued within the Alternative Medicines as a wise choice to treat most diseases and symptoms. Even though it can be used to treat all kinds of symptoms or diseases, it can also be very helpful in complementing other treatments recommended by Internal Medicine.

Currently, auriculotherapy has also been employed to treat such delicate topics as drug addiction and obesity, derived from anxiety problems. This treatment also provides great results in chronic diseases such as sciatic nerve, allergies, migraines, LBP's and anginas.

MAIN BENEFITS:

- It's an easy-to-learn therapy. You do not need to be an expert to be able to use it as "home" remedy within the reach of any patient. Its effectiveness relies on its stimulated energy point, not on the elements used for this purpose. It may be used with magnets or simply with mustard seeds.
- Auriculotherapy is practically painless, since it is not an invasive treatment and it does not cause discomfort, pain or any kind of disability.
- Fast and effective results. Stimulating the body's energy points levels organic irregularities in the patient.
- Auriculotherapy has the potential to diagnose and treat at the same time.

¿What is the basis of the auriculotherapy concept?

Studies and research performed on thousands of patients around the world have proven that some points located on the ear, generate reactions over the nervous system, over the organs or other affected areas after being stimulated and inducing these areas to their prompt recovery.

This recognized therapy bases its concept of the ear comparing it to a human fetus, only inverted. This is why directly associating localized energy points is not a difficult task; on the contrary, it makes auriculotherapy be within the reach of a patient.

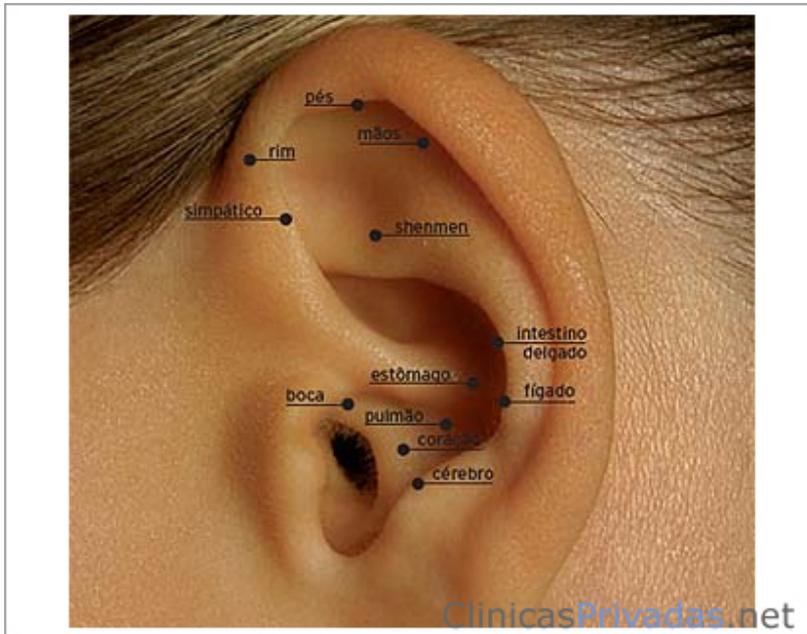
12 key points to Auriculotherapy

There are over 12 auriculotherapy points on each ear which influence over 120 parts of the body, which makes it one of the most important areas to carry out an alternative therapy.

It is scientifically proven that our ear holds several areas directly related to our nervous system, which, which stimulated correctly, can help relieve illnesses and lose weight.

This small manual is but a sample of the spectacular world of auriculotherapy, applied directly to weight loss. The picture below shows the 12 most important points that have an influence on weight loss:

Auriculotherapy points for weight loss



How to use your AKUPURIAN earring with the auriculotherapy treatment:

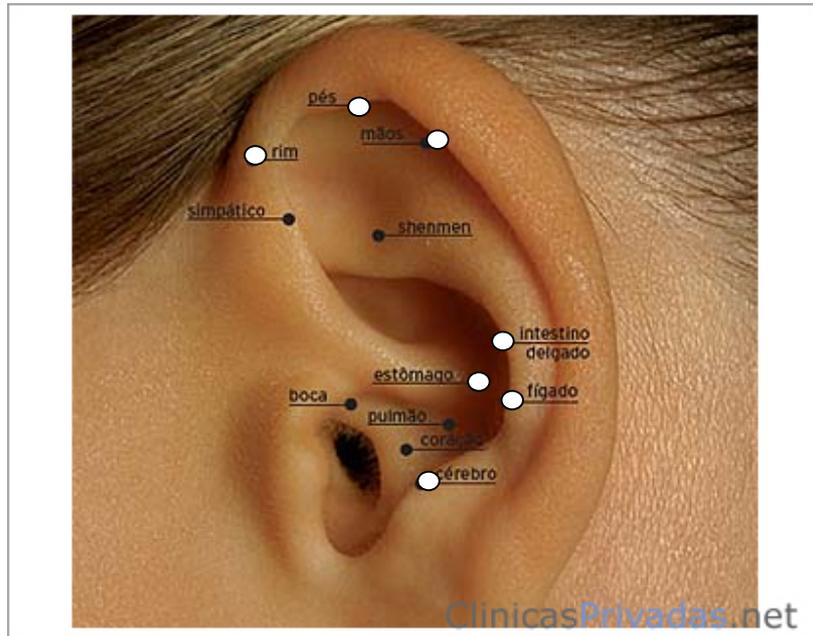
Step 1: After extracting the earring from the blister, make sure the _____ incrustations are visible in the front.

Step 2: Open the earring carefully. This jewel has been designed to act over seven key points in the therapy, which are: kidneys, feet, hands, liver, lower intestine and the brain. Stimulating these points is vital in people who want to lose weight and adequately balance their digestive system.

Step 3: When you close the earring, make sure the magnets are faced with each other right on the points described earlier, for the treatment to be effective.

Step 4: The magnets on this jewel have been carefully designed to make precise pressure on the points to be stimulated on your ear, which makes the pressure be constant all the time. However, verify that the jewel is well located on your ear lobe.

Step 5: You can wear this jewel on any occasion. Try not to get the jewel wet so its diamagnetic charge is not lost when in contact with water.



Chapter 1 FINGER ACUPUNCTURE

What is acupuncture?

Acupuncture is a branch of **traditional Chinese medicine**, which works by inserting needles in certain parts of the body in order to stimulate energy points to cure certain illnesses and at the same time manage and control emotions and negative human disorders, such as drug addiction, schizophrenia and phobias.

The energy points, which we will refer to as "key points", are linked to all the human organs. When they are stimulated, there is energetic stability which brings wellbeing to every organ whose point is being affected.

This ancient therapy has a wide variety of variations and treatments. The human body has certain localized energy points, and its effectiveness has been proven in over 70 different pathologies. Within the varieties of acupuncture, the most common therapy is Auriculotherapy, the therapy on fingers and hands.

What is finger acupuncture?

Finger acupuncture works auriculotherapy located on the ear. Between the fingers, there are over 80 energy points directly linked to organs and different pathologies.

By using the principles of Magnetotherapy (chapter 3), finger acupuncture is highly effective when treating eating disorders, illnesses and discomfort in organs and disorders such as addiction and incontrollable anxiety. All this just by simply applying pressure on certain points located on the fingers and by placing needles or carefully-charged magnets in order to obtain between results with the treatment.

BASIC BENEFITS:

- It is an easy-to-learn therapy. It may be used with magnets carefully placed on certain points. A ring with magnets may be fundamental to avoid therapy with needles.
- Finger acupuncture complemented by magnetotherapy is totally painless, since it is a non-invasive treatment and it does not generate discomfort, pain or any kind of disability.
- Auriculotherapy is practically painless, since it is not an invasive treatment and it does not cause discomfort, pain or any kind of disability.
- Fast and effective results. Stimulating the body's energy points balances organic irregularities in the patient, and it helps lose weight on people who wish to.
- Finger therapy is highly effective in obesity treatments, eating disorders and phobias or anxiety.

What is the basis of the concept of finger acupuncture?

It is Chinese technology, which was discovered in the old and traditional principles of finger acupuncture, where, by applying pressure on certain parts of the body, you will lose weight and treat any pathology, pain or discomfort, as you wish. You can carry this innovative system anywhere on a beautiful ring.

This treatment will mainly help you solve overweight problems, by allowing you to lose weight and to decide exactly what part of your body you wish to slim, guaranteeing constant and safe weight loss. It is a totally natural method, with no side effects or adverse indications.

Key points in Finger Acupuncture to lose weight

There are over 80 auriculotherapy points on each hand which influence over 70 pathologies and parts of the body, which makes it one of the most important areas to carry out an alternative therapy.

The key points to lose weight are located on 4 out of 5 fingers. The little, ring, middle and index fingers. Lose weight on your arms, hips, abs, and your overall body. The secret to this revolutionary method is bio-magnetism.



REDUZCA PESO EN
TODO SU CUERPO



REDUZCA CENTÍMETROS
EN SU ABDOMEN



REDUZCA TALLAS
EN SU CADERA



REDUZCA EL VOLUMEN
EN SUS BRAZOS

In the images: [Lose weight on all your body](#)

Drop inches off your stomach
Drop sizes on your hips
Reduce the volume of your arms

Finger Acupuncture points for weight loss

How to use your AKUPURIAN ring for the auriculotherapy treatment

Step 1: After removing the ring from its blister, make sure to place it on the right finger. Adjust it to your finger size.

Step 2: Locate the ring depending on the area you want to slim, as follows:



REDUZCA PESO EN
TODO SU CUERPO



REDUZCA CENTÍMETROS
EN SU ABDOMEN



REDUZCA TALLAS
EN SU CADERA



REDUZCA EL VOLUMEN
EN SUS BRAZOS

In the images: Lose weight on all your body

Drop inches off your stomach
Drop sizes on your hips
Reduce the volume of your arms

Step 3: The magnets on this jewel have been carefully designed to make precise pressure on the points to be stimulated on your fingers, which makes the pressure be constant all the time. However, verify that the jewel is well located on your fingers.

Step 4: You can wear this ring on any occasion. Try not to get the jewel wet so its diamagnetic charge is not lost when in contact with water.

Chapter 3

What is magnetotherapy?

Magnetotherapy Magnetic Field Therapy is the study of the effect of magnetic fields on biological systems. Magnetic energy is our life force, such as air, water and the sun light.

Magnetic therapy is the practice of alternative medicine which implies the use of static magnetic fields. Those who practice it have stated that submitting certain parts of the body to static magnetic fields brings benefits to health. Magnetic therapy is considered a pseudo-science due to

its physical and biological improbability, as well as its lack of effects over health or proven healing effects.

What is the basis of Magnetotherapy?

When a magnet is applied on an affected part of the body due to any disorder, ailment or illness, if they come from an alteration of the magnetic state, the magnet will magnetically reorganize the affected area, balancing metabolic levels in the body. This is the basic principle of magnetotherapy.

Therapeutically, a magnet greatly helps in eating and hormonal (especially thyroid) disorders and diseases.

Therapeutic effects

An increase in blood flow and improvement of the ability to transport oxygen, allowing the body to recover its health.

At the cellular membrane level, it reestablishes the potential of the altered membrane. Oxygen metabolism increases producing higher usage of this element.

Glands start producing more hormones.

Magnetotherapy is indicated in traumatic events, chronic or acute osteoarticular disease, degenerative diseases, rheumatology, acute or chronic inflammatory diseases, severe pain, neurology, dermatology (by accelerating the process of tissue repair), circulatory system disorders, gynecological diseases, and otolaryngology, among others.

Changes in migration of calcium ions, which transport this element to deteriorated bones more quickly.

Enzyme synthesis increases along with hormonal regulation and the immune system is strengthened. It is also antispasmodic; it normalizes sleep and stimulates the venous and lymphatic circulatory system.

How does the ring's polarity or magnetotherapy work?

The ring has two powerful magnets, just like the companion earrings. One on each side. Each pole or magnet has a different form of electrical energy.

South pole or positive (+): activates, impulses and strengthens the body's biological processes. It is invigorating, revitalizing and provides energy. It is specially prescribed for cases of weakness and muscle tears, bone and ligament fractures, sprains, rehabilitation, scarring, etc.

North pole or negative (-): this point is relaxing, it stops harmful processes to the body, and it is mainly prescribed to calm or suppress pain in inflammatory processes and to control anxiety and phobia situations.