CD 1:

Disc One

- 1. Back To Life (However Do You Want Me)-Soul II Soul
- 2. Ghetto Romance-Damage
- 3. Back And Forth-Aaliyah
- 4. You're Making Me High-Toni Braxton
- 5. Down That Road-Shara Nelson
- 6. On And On-Erykah Badu
- 7. My Destiny-Lionel Richie
- 8. Return Of The Mack-Mark Morrison
- 9. You Might Need Somebody-Shola Ama
- 10. Heard It All Before-Sunshine Anderson
- 11. Get Here-Oleta Adams
- 12. Sensitivity-Ralph Tresvant
- 13. Emotion-Destiny's Child
- 14. Bump N' Grind-R. Kelly
- 15. Creep-TLC

Disc Two

- 1. No Diggity-Blackstreet
- 2. Hey Mr. Dj-Zhane
- 3. Apparently Nothing-Young Disciples
- 4. Angel Of Mine-Monica
- 5. Never Ever-All Saints
- 6. Boy You Knock Me Out-Tatyana Ali
- 7. Oh Baby I-Eternal
- 8. Move Closer-Phyllis Nelson
- 9. Video-India Arie
- 10. Shoulda, Woulda, Coulda-Beverly Knight
- 11. Mama Said-Carleen Anderson
- 12. Giving Him Something He Can Feel-En Vogue
- 13. I Wanna Be Down-Brandy
- 14. Poison-Bel Biv Devoe
- 15. Bomb Diggy-Another Level

Διάρκεια μουσικής συνολικού χρόνου του CD: 126 λεπτά

CD 2:

Disc One

- 1. The Boy Is Mine-Brandy & Monica
- 2. Incomplete-Sisqo
- 3. Tell Me What You Want Me To Do-Tevin Campbell
- 4. Last Night-Az Yet
- 5. Never Make A Promise-Dru Hill
- 6. So Anxious-Ginuwine
- 7. Lately-Tyrese
- 8. They Don't Know-Jon B
- 9. Take You Out-Luther Vandross
- 10. Promise-Jagged Edge
- 11. Secret Love-Kelly Price
- 12. Who Can I Run To-Xscape
- 13. All My Life-K-Cl & Jojo
- 14. We've Only Just Begun-Glenn Jones
- 15. I Wanna Sex You Up-Color Me Badd

Disc Two

- 1. Four Seasons Of Loneliness-Boyz II Men
- 2. Do What You Do-Jermaine Jackson
- 3. First Night-Monica
- 4. Weak-SWV
- 5. Miss You-Aaliyah
- 6. It Never Rains-Tony! Toni! Tone!
- 7. I Wanna Know-Joe
- 8. When A Woman's Fed Up-R. Kelly
- 9. I Like The Way (Kissing Game)-Hi-Five
- 10. Back At One-Brian McKnight
- 11. Have You Ever-Brandy
- 12. Spanish Guitar-Toni Braxton
- 13. I Adore, Mi Amore-Color Me Badd
- 14. I Swear-All 4 One
- 15. I Love Your Smile-Shanice

Διάρκεια μουσικής συνολικού χρόνου του CD: 136 λεπτά

CD 3:

Disc One

- 1. Let's Get It On-Marvin Gaye
- 2. There's Nothing Like This-Omar
- 3. U Know What's Up-Donell Jones Featuring Left-Eye
- 4. Foolish-Ashanti
- 5. Girlfriend (Album Version)-NSYNC
- 6. How Come, How Long-Babyface
- 7. Waterfalls-TLC
- 8. Breathe Again-Toni Braxton
- 9. Lately-Samantha Mumba
- 10. Love Of A Lifetime-Honeyz
- 11. Nobody Knows-Tony Rich Project
- 12. I'll Make Love To You-Boyz II Men
- 13. So Amazing-Luther Vandross
- 14. You Might Need Somebody-Randy Crawford
- 15. A Natural Woman (You Make Me Feel Like)-Aretha Franklin

Disc Two

- 1. I Try-Macy Gray
- 2. If You Love Me-Brownstone
- 3. Say My Name-Destiny's Child
- 4. Hey Lover-LL Cool J
- 5. Sex Me (Part 1) (Street Radio Edit)-R. Kelly
- 6. Do Me Again-Freddie Jackson
- 7. Never Knew Love Like This-Stephanie Mills
- 8. I'm So Into You-SWV
- 9. All The Things (Your Man Won't Do)-Joe
- 10. Don't Let Me Be Lonely Tonight-Isley Brothers
- 11. Feel So High-Des'Ree
- 12. It's Too Late-Quartz Featuring Dina Carroll
- 13. Inside My Love-Minnie Riperton
- 14. Caught Up In The Rapture-Anita Baker
- 15. Don't Let Go (Love)-En Vogue

Διάρκεια μουσικής συνολικού χρόνου του CD: 124 λεπτά

CD 4:

Disc One

- 1. Any Love-Luther Vandross
- 2. Every Time I Close My Eyes-Babyface
- 3. Too Close-Next
- 4. Brown Sugar-D'Angelo
- 5. Brotha-Angie Stone
- 6. Brown Skin-India Arie
- 7. If I Ever Fall In Love-Shai
- 8. Freak Me-Silk
- 9. What If A Woman-Joe
- 10. Nobody-Keith Sweat
- 11. Slow Dance-R.Kelly
- 12. Stroke You Up-Changing Faces
- 13. Baby Hold On To Me-Gerald Levert
- 14. Rock Me Tonight For Old Times Sake-Freddie Jackson
- 15. Nice And Slow-Usher

Disc Two

- 1. Always On Time-Ja Rule
- 2. Don't Take It Personal-Monica
- 3. Right Here-SWV
- 4. At Your Best-Aaliyah
- 5. Friend Of Mine-Kelly Price
- 6. Candy Rain-Soul For Real
- 7. I Belong To You-Rome
- 8. Just Kickin' It-Xscape
- 9. Let's Ride-Montell Jordan
- 10. Untitled (How Does It Feel)-D'Angelo
- 11. How You Gonna Act Like That-Tyrese
- 12. These Are The Times-Dru Hill
- 13. Lately-Jodeci
- 14. Anytime-Brian McKnight
- 15. Unbreak My Heart-Toni Braxton

Διάρκεια μουσικής συνολικού χρόνου του CD: 135 λεπτά

CD Δώρο:

- 1. Practice What You Preach-Barry White
- 2. Hit Me Off-New Edition
- 3. Don't Leave Me-Blackstreet
- 4. Lady-D'Angelo
- 5. In My Bed-Dru Hill
- 6. Freak Like Me-Adina Howard
- 7. Dance Tonight-Lucy Pearl
- 8. You're The One-SWV
- 9. Nobody's Supposed To Be Here-Deborah Cox
- 10. Sweet Lady-Tyrese
- 11. Romantic-Karyn White
- 12. Stutter-Joe
- 13. Love Zone-Billy Ocean
- 14. Close To You-Maxi Priest
- 15. Rock Wit Cha-Bobby Brown
- 16. This Is How We Do It-Montell Jordan

Διάρκεια μουσικής συνολικού χρόνου του CD: 74 λεπτά